

Community Action Team, Inc.
CHILD & FAMILY DEVELOPMENT PROGRAMS
 Cleaning, Sanitizing and Disinfecting

Criteria for all products used as disinfectants or sanitizers:

1. Must be registered with the Environmental Protection Agency (EPA) as a disinfectant or sanitizer. If the product label says it is a disinfectant or sanitizer, and the label has an EPA registration number, then it meets this requirement.
2. Must have an effective contact dwell time of 5 minutes or less listed on the product label. Contact dwell time is the amount of time the product must sit on a surface in order to kill the microorganisms the product claims to kill.
3. Active ingredient must not be listed as a group 1, 2A, or 2B carcinogen by the International Agency for Research on Cancer (IARC). It must not be “known” or “reasonably anticipated to be carcinogenic to humans” by the National Toxicology Program (NTP). To find out whether an active ingredient has one of these designations, look for it on the IARC list found here:
<http://monographs.iarc.fr/ENG/Classification/ClassificationsGroupOrder.pdf>
 and the NTP list found here:
http://ntp.niehs.nih.gov/ntp/roc/content/listed_substances_508.pdf
4. Sanitizers must not require a rinse step after use on food contact surfaces according to the label.
5. Must not contain additives for fragrance or coloring purposes.

Definitions:

1. **Cleaning** involves scrubbing, washing and rinsing *to remove visible soil and debris*. The cleaning solution used is made up of soap and water.
2. **Sanitizing** is covering the cleaned area with Oxivir. CFPD uses Oxivir for sanitizing or disinfecting. The best practice recommendation is to leave the sanitizing solution on the surface for at least 2 minutes before wiping it dry or air dry. *This will kill and clean away enough germs so that it would be unlikely that someone could become ill from contacting that surface.*
3. **Disinfecting** is covering an already cleaned area with a disinfecting agent that is non-toxic for children. CFPD uses Oxivir for disinfecting. This *kills all of the germs on a surface*. Bathrooms and diaper areas need to be disinfected. Best practice recommends leaving the disinfecting solution on the surface for at least 2 minutes before wiping it dry or air dry.
4. **Universal Precautions** are used for body fluid spills to eliminate the spread of bloodborne illnesses such as Hepatitis B and HIV.

Clean = Soap and Water: Before sanitizing and disinfecting, cleaning will take place.

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If a surface becomes soiled with mucous, urine, feces, or blood the area must immediately be cleaned following CFDP Bloodborne Pathogens Universal Precaution Exposure Control Plan. Spill kits are available to all classrooms and

Located: _____

Daily: Classroom Cleaning, Sanitizing and Disinfecting

- Carpets will be vacuumed daily in the Head Start classrooms. Carpets should be professionally cleaned once a year and as needed for the Head Start program.
- Computer keyboards and mouse will be cleaned and sanitized daily before each class with sanitizer wipe by an adult. Children will not be allowed to use sanitizer wipes.
- Tables will be cleaned then sanitized with Oxivir solution before and after food service. Allow surfaces to air dry after applying Oxivir solution for at least 2 minutes before use then can wipe with paper towel. The Oxivir solution is not to be used while children are in the immediate area.
- Water tables and toys used in water tables shall be emptied and disinfected daily. In the event of contamination by body fluids, contents of the sand and water table will be emptied immediately following CFDP Bloodborne Pathogens Universal Precaution Exposure Control Plan. Spill kits are available to all classrooms and

Located: _____

Cleaned and Disinfected Daily:

- Door knobs and cabinet pulls
- Light switches
- Bathrooms
- Hand washing sinks and faucets
- Drinking fountains
- Water coolers

Weekly: Classroom Cleaning

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Clean:

- Staff will launder stuffed animals, dramatic play clothing and rest time bedding weekly, and as needed. Items that are not machine washable will be washed by hand with soap and warm water, rinsed and left to air dry.

Cleaned and Sanitized:

- Staff will clean classroom hard surface toys at least weekly. Toys will be cleaned more often if the toy is placed in a child's mouth or appears soiled. Soap and warm water and sanitizing solution or dishwasher sanitizer will be used. Toys will be left to air dry.

Monthly: Classroom Cleaning and Sanitizing

Clean:

- Staff will clean chairs monthly and as needed using a solution of soap and warm water. The chairs will be rinsed and left to air dry.

After Each Use and/or Daily:

Food Service Areas Cleaned, Sanitized and Disinfected

- Food preparation appliances will be **cleaned** after each use. **Cleaned and sanitized** at least daily allowed to air dry.
- Food preparation surfaces will be **cleaned** after each use. **Cleaned and sanitized** at least daily allowed to air dry.
- Eating utensils and dishes will be **cleaned and sanitized** after each use and allowed to air dry.
- In centers in which there is not a sink provided for food preparation, a sink used for dishwashing may be used as long as dishwashing activities do not interfere with sanitary food preparation, and the sink is **cleaned and sanitized** before being used for food preparation.
- The sink designated for hand washing shall be equipped with soap and paper towels dispensed in a sanitary manner and posted with a hand washing sign. Hand washing sinks will be **cleaned and disinfected** daily.
- Food service cloths will be washed separated from other laundry. Any cloth used for janitorial cleaning will be washed separately from other laundry. Each day fresh cloths will be used.
- Kitchen staff will wear an apron provided by the program. Each day a fresh apron will be used. Aprons and classroom smocks will be washed separately from other laundry.

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Monthly: Food Service Areas Cleaned

Clean:

- Refrigerators will be cleaned and sanitized monthly.

“Cloths, both single and multiple use, used for wiping food spills on utensils and food-contact surfaces shall be kept clean and used for no other purpose. Cloths that are reused during the day shall be stored in a sanitizing solution between uses.” CCD Regulations.

References:

Guide for Cleaning, Sanitizing and Disinfecting Appendix K: National Resource Center for Health and Safety in Child Care and Early Education

<https://nrckids.org/CFOC/Database/3.3.0.2>

Head Start Performance Standards:

<https://eclkc.ohs.acf.hhs.gov/policy/45-cfr-chap-xiii/1302-47-safety-practices>

Rules for Certified Child Care Centers:

<https://oregonearlylearning.com/childcare-rules/>