Child & Family Development Programs
Head Start School Readiness Goals

Approaches to Learning	Cognitive Self-Regulation (Executive Functioning) & Creativity
School Readiness Goal 1	Children will demonstrate positive approaches to learning, including previous knowledge and creativity in trying different things to solve problems and complete tasks.

Social and Emotional Development	Relationships with Adults; Relationships with other Children, and Emotional Functioning
School Readiness Goal 2	Children will demonstrate a healthy range of emotional expression and regulation to support healthy relationships with adults and peers

Language and Literacy	Language, Communication and Speaking; Literacy, Phonological Awareness, and Print and Alphabet Knowledge
School Readiness Goal 3	Children will demonstrate the ability to use language to engage in communication, conversations, and storytelling.
School Readiness Goal 4	Children will demonstrate alphabet knowledge and phonological awareness.

Cognition	Mathematics Development, Counting and Cardinality; Scientific Inquiry, Reasoning, and Problem Solving
School Readiness Goal 5	Children will demonstrate understanding of number concepts, such as counting and quantity, and basic operations, like more/less and patterns.
School Readiness Goal 6	Children will demonstrate using reasoning and thinking skills to understand and organize their world.

Perceptual, Motor, and Physical Development	Fine Motor and Health, Safety, and Nutrition
School Readiness Goal 7	Children will demonstrate increasing control of fine-motor (fingers & hands), strength and coordination.
School Readiness Goal 8	Children will demonstrate skills necessary for health, safety, nutrition, and physical well-being, such as self-care, and personal safety practices.

All school readiness goals are written for all children, including children with disabilities and children who are Dual Language Learners. We recognize children need individualized supports by providing individualized instruction, and accommodations in the environment as needed.

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